

A Better Way Presents...



Trauma Informed Care in Child Welfare with *Gabriella Grant*

June 14, 2016 | 9am-4pm | CEs available | No fee | Fairfield, California | Register by 6/9/2016

Register Here: <https://abetterwayinc.wufoo.com/forms/zojfs2elbprman/>

This training is provided by **A Better Way, Inc.** in partnership with **Chabot Los Positas Community College District** and **Alameda/Solano County**. Public and Private Child Welfare Staff are encouraged to attend. A Better Way Title IV-E Training Supports AB 636 Child Welfare Outcomes for SAFETY, PERMANENCE AND WELL BEING. This course meets the BBS requirement for 6 CEs. Only MFT/LCSW CEs are provided for this training. CEs are provided by A Better Way, Inc., Provider # PCE3870. Participants must attend all hours to receive CE credit.

Training Description

This training provides attendees with the foundational concepts for trauma-informed interventions and agency transformation. Trauma-informed practices bring together the phases of trauma recovery (Herman, 1992) and the neurosequential model (Perry, 2006) to create a safety-focused, do-no-harm, skills-building framework to be able to work with a wide range of trauma-exposed populations. Group treatment will be addressed and group and individual guidelines will help practitioners work with system-involved clients as well as clients that have worked with a variety of providers with little or no progress. The Seeking Safety evidenced-based model (2002), the PolyVagal Theory (2011) and The Body Keeps the Score (2014) will be referenced as well.

Learning Objectives

- Participants will learn specific practices that are trauma-informed.
- Participants will gain a neurobiological understanding of how trauma affects the nervous system and the social engagement system.
- Participants will gain a deeper understanding of why people with trauma behave in ways that may appear illogical or self-destructive.
- Participants will learn guidelines to be able to distinguish between physical and emotional safety.
- Participants will be able to address physical and emotional safety issues in a way that will engage clients.
- Participants will be able to apply the skills to self

Trainer GABRIELLA GRANT, MA, trains professionals in the social services on an array of topics, including trauma, substance abuse, PTSD, eating disorders, problem gambling, domestic violence, sexual assault and child abuse. She has worked with criminal justice agencies, the courts, social service agencies and public health departments to create trauma-informed transformation and programming. As a trained policy analyst, Ms. Grant looks at how understanding the neurobiological effects of trauma, safety and coping can be adapted for effective programming, staff training and policies and procedures to create a therapeutically beneficial milieu for a variety of treatment modalities and outcomes. Her background includes heading the nation's first community corrections-based victim advocacy program for the Maryland Division of Parole and Probation, [1996-1999] and running a three-year project funded by the California Department of Public Health to increase access to domestic violence shelters by women with mental health and/or substance abuse issues [2006-2009]. She has a Bachelor's of Arts degree from Amherst College; a Latin teaching certificate from the Pontifical Gregorian University in Rome, Italy; and a Masters of Arts in Public Policy from the Johns Hopkins University. She has taught at the primary, secondary and university levels and has trained professionals, advocates and consumers in a wide variety of settings.

Ms. Grant started working with the developer of Seeking Safety Dr. Najavits in 2006, when she oversaw a statewide project in California to increase access to domestic violence shelters by women with mental health and/or substance abuse issues. She coordinated the trainings on Seeking Safety and helped guide and evaluate its implementation within domestic violence shelters. She currently conducts Seeking Safety for women in a community setting. Ms. Grant is the director of the California Center of Excellence for Trauma Informed Care, located in Santa Cruz, California, overseeing the Center's research, program and professional development as well as policy analysis activities.